



# How to use the Inner Alchemy Astrology calculator.

## User guide

Are you?



Metal Rat Year or

or Earth Pig Year



or Fire Rooster Year

The Inner Alchemy Astrology chart shows you the **real, inner, YOU.**

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## What is Inner Alchemy Astrology?

Whilst Inner Alchemy Astrology is traditional Chinese Astrology, it is also a specific programme designed by Mantak Chia to accompany *Inner Alchemy Practices*. It visualises your *5- element balance* in an easy to understand pictogram, in order to guide your Inner Alchemy practices. A deeper look at the chart will help you better understand yourself as well as your life's path and 'luck', as it includes luck cycles which cover and explain energies affecting your entire life. But start by using the free calculator and you will see your own balance of the 5 elements, and then work out how you can use the Inner Alchemy practices to achieve balance.

Chinese Astrology is often called '*BAZI*' or *Four Pillars*. Four pillars as there are 4 pillars or columns: *the hour, day, month and year pillars*. Bazi (8 characters in Chinese) as there are 2 parts to these 4 pillars: the upper *heaven energy line*, described by the *10 Heavenly Stems* and the lower *earthly energy line* described by the *12 Earthly Branches*, which are more familiar to us as the '*animals*'. However, we find the 5 elements within these animals and we can take this information into account to calculate the 5 elements in your *birth chart*, i.e. the moment you were born.

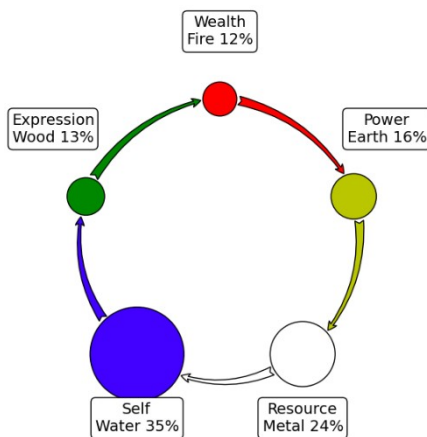
### How to calculate your chart

Enter your time and date of birth by scrolling down the 4 pillar boxes, and then click 'calculate'. The time is based on the *Solar Time* for the day you were born, so do not convert it into Beijing or any other time. However if there was *Daylight Savings time* in your country in that year (this often means a difference of solar time in summer or April – October for the Northern Hemisphere), or, e.g. you were born on the outskirts of your country where the solar time might be different from the Capital city, then go to: <https://www.wangnick.com/software/timecalculator.htm?lang=en> to calculate the solar time. If you do not know the exact time of birth, then choose what you think is most likely from one of the twelve 2-hour time slots on the time pillar? (as Chinese calculations use 12 'hour's in our 24-hour day system). But the most important thing is for the day - and therefore the month and year too - to be accurate.

## The importance of the Day...

Look under *the day pillar*, here you will find your **Day Master**, the most important part of your astrology, which describes YOU. The astrology interpretation is made by looking at the relationship of your Day Master with everything else in your life. This might be complicated at this point, but you can also get a lot of useful information by just looking at the relative proportions of the 5 elements in the coloured pictogram. There are 10 different day masters, 5 elements, times 2, as there is a yin and yang version of each one.

### 1<sup>st</sup> Example



This example is a *yin water day master*, so the next thing is to look at the pictogram on the right with the coloured balls showing the 5 elements, and see how large the day master element (here water element) is in you. The *Day Master* energy is marked as *SELF* on the pictogram.

Here we have 35% for water, we can see from the *natal chart* (the birth chart on the left with the 4 pillars: Hour, Day, Month & Year) that we have an extra yin water on the year branch and a smaller yang water on the hour branch. The calculation is complicated and takes many factors into consideration and so we will not go into charting here.

Here we would say that it is a '*strong day master*' as it is also well nourished by the metal element preceding it. We look at this pictogram as having 2 teams, the first team is your *Self (Day Master) and your Parent or Resource* energy (which is the element before it in the *creating cycle direction*). The second team is made up of the elements marked: *expression, wealth and power*. These **5 phases** (*resource, self, expression, wealth and power*) are always assigned to the elements in the same clockwise order, and their starting position is your Day Master element.