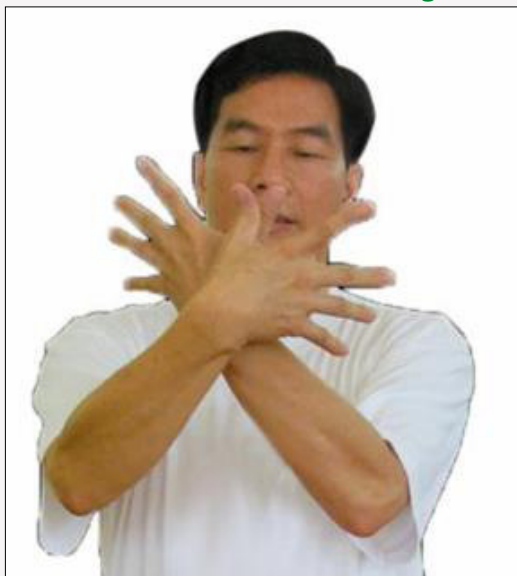


## PART II

# OPENING THE BRIDGE AND REGULATOR CHANNELS

### Activate the Throat Center—Right Side



*Fig. 20 Connect to the Throat Center.*



*Fig. 21 Feel the connection to the Universe at the Back.*

## Activate Mideyebrow Point—Right Side

Mideyebrow to Jade Pillow



Pull and feel the connection of the string of Chi flow



Fig. 22 Connect to the Mideyebrow, Jade Pillow and the Universe at the Back

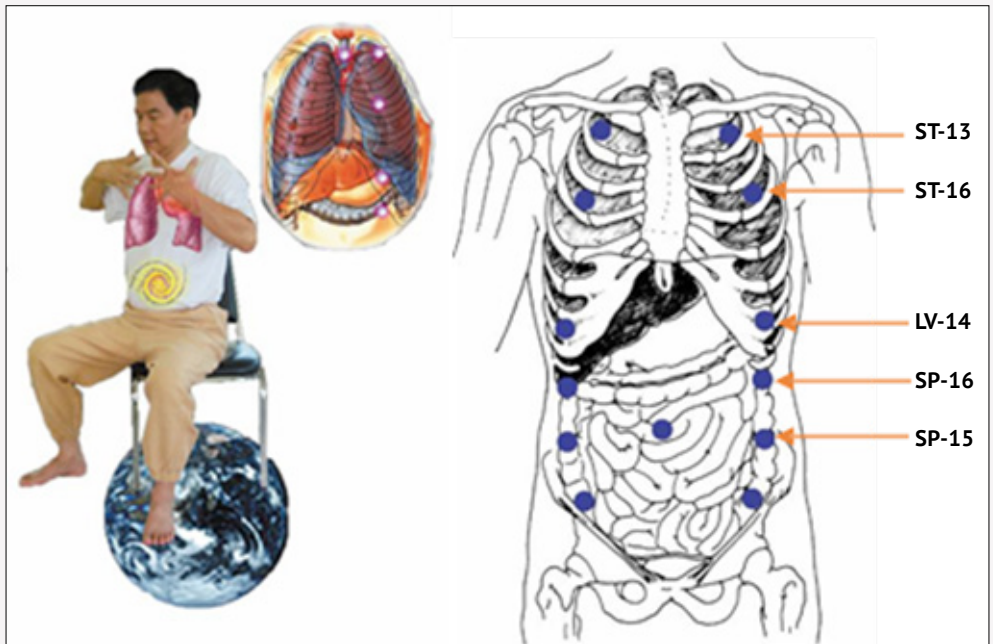


Fig. 23 Beam Energy into ST13



*Fig. 24 A  
Energize and balance  
the Lungs at ST16.*

*Fig. 24 B  
Energize and balance the Liver  
and Gallbladder at LV14.*



*Fig. 25 A  
Energize the Stomach, Pancreas,  
Spleen and Liver at SP 16.*

*Fig. 25 B  
Energize the Tan Tien  
and Small Intestine at SP15.*